



Healthy habits for financial fitness



Developing them doesn't have to be complicated.

Here are four to get you started:



Put time to work by joining the retirement plan



Keep your balance by knowing your investment style



Build momentum by increasing your contributions every year



Exercise your perks as you approach retirement

There's no better time to start building healthy habits than right now.

To enroll in your retirement plan or to discuss the benefits of making these changes, contact me.

This material is not a recommendation to buy or sell a financial product or to adopt an investment strategy. Investors should discuss their specific situation with their financial professional.

Investing involves market risk, including possible loss of principal. No investment strategy can guarantee to make a profit or avoid loss. Actual results will vary depending on your investment and market experience.

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NRM-19564AO (10/21)